

Home Schedule

8.00-9.00am	Have breakfast Get dressed Get ready for the day
9.00-9.30am	PE with Joe Wicks
9.30-10.00am	Have a drink Get changed Cool down with a book
10.00-11.00am	Academic Time School work Educational Games Online learning
11.00-11.45am	Get out in the garden for a run around and some fresh air
11.45-12.30pm	Lunch time
12.30-1.00pm	Quiet Time Reading Do a puzzle Colouring
1.00-2.00pm	Academic Time School work Educational Games Online learning
2.00-3.00pm	Creative Time Make something Build something Paint something Cook something
3.00-4.30pm	Free Time Play outside Play games TV / Ipad
4.30-6.00pm	Usual household routine Chores Prep and eat dinner Bath time